

With Appreciation



Expressions Academy of Dance

We were thrilled to welcome **Expressions Academy of Dance** for a special performance on **Friday, April 18!** Their talented dancers lit up the room and brought so much joy to our **Residents**.

Thank you to Expressions Academy of Dance for sharing your incredible energy and artistry with us — we can't wait to see you again!

Team Member Spotlight



Stephanie, Lead MedTech at Renaissance

Congratulations to Stephanie – Employee of the Month March 2025! 🎉

Stephanie has been with us since 2024 and continues to be a valuable member of our team. As the Lead Med Tech for Versailles, she plays an active role in training and mentoring others, ensuring our Residents receive extraordinary care.


Stephanie consistently goes above and beyond, supporting other houses in building strong, capable teams. We appreciate her dedication and contributions!

moments captured



Thank you to all of our Residents, families, and friends that joined us for our Easter Celebration!





May 2025

The Renaissance Reader

Assisted Living & Memory Care | 2772 W. Avante Loop | Coeur D'Alene, ID 83815 | 208-664-6116

www.assistedlivingcda.com



A Note from the Executive Director



Tulinh Luciano DeSmith
Executive Director

Dear Residents , Families, and Friends,

Happy May! As the flowers bloom and the days grow warmer, there's a renewed sense of energy and joy throughout our community. Spring is a time of growth and connection, and we are so grateful to be sharing this beautiful season with all of you.

I want to take a moment to thank you for being such an important part of our extended family. Your trust, kindness, and involvement mean the world to us. Whether it's enjoying activities together, chatting over meals, or simply sharing smiles in the courtyard, these everyday moments are what make our community so special. This month, we're excited to continue offering a variety of engaging programs and events that bring joy and connection to our days.

In honor of **Senior Health and Fitness Week**, we'll be featuring a special **Wellness Series** with the following events:

- **Tuesday, May 27 at 3:00 PM – Decluttering Tips for Seniors**
- **Wednesday, May 28 at 3:30 PM – Healthy Brain and Body**
- **Thursday, May 29 at 3:00 PM – Mind and Muscle Connection**

We hope you'll join us for these informative and inspiring sessions! As always, our doors are open, and we welcome your thoughts, feedback, and ideas. Here's to a month filled with laughter, connection, and sunshine.

With gratitude,
Tulinh

HAPPY Birthday

Residents

- Barbara, 5/17
- Betty, 5/22
- Susan, 5/27

Staff

- Azariah, 5/12
- Megan, 5/16
- Izzy, 5/17
- Leslie, 5/18
- Grace, 5/24

MAY 2025

The Renaissance at Coeur d'Alene • 2772 W Avante Loop, Coeur D'Alene, ID 83815 • 208-664-6116

SUN	MON	TUE	WED	THU	FRI	SAT
				1 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Sit & Be Fit (A) 1:00 Music & Moves (V) 2:00 Fly Ball (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (ST)	2 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Sit & Be Fit (A) 1:00 Music & Moves (V) 2:00 Music & Moves (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (ALL) 5:00 Movie (Mystery) (ALL)	3 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Sit & Be Fit (A) 2:00 Bingo at Mirabelle (ALL) 3:00 Bingo (M) 4:00 Fly Ball (ST) 5:00 Movie (Classic) (ALL)
4 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M) 11:00 Balloon Toss (A) 1:00 Sit & Be Fit (R) 2:00 Fly Ball (V) 3:00 Sit & Be Fit (ST) 5:00 Movie (Family) (ALL)	5 Cinco de Mayo 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 High Tea (A) 1:00 Crafts –Cinco de Mayo (A/V/ST) 1:00 Communion (ALL) 2:00 Chapel (ALL) 2:00 Music & Moves (ST) 3:00 Cinco de Mayo—Dips & Salsa (M/R) 5:00 Movie (Musical) (ALL)	6 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Sit & Be Fit (A) 3:30 Live Music at Mirabelle w/The Weddle Twins (ALL) 4:00 Music & Connection (ST) 5:00 Movie (Sci-Fi) (ALL)	7 8:30 Morning Chat (ALL) 9:00 Shopping (M/R) 10:30 Scenic Drive (A) 1:00 Scenic Drive (V) 2:00 Fly Ball (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (M) 5:00 Movie (Comedy) (ALL)	8 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M) 11:00 Sit & Be Fit (A) 1:00 Music & Moves (V) 2:00 Music & Moves (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (ALL) 5:00 Movie (Romance) (ALL)	9 8:30 Morning Chat (All) 10:00 Sit & Be Fit (M) 11:00 Sit & Be Fit (A) 1:00 Music & Moves (V) 2:00 Hungry Hippos (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (ALL) 5:00 Movie (Mystery) (ALL)	10 Mini Golf Day 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Bingo (A) 1:00 Putting Games (ALL) 2:30 Mother’s Day Tea Party (ALL-At Each House) 3:30 Bingo (R/M) 4:00 Fly Ball (ST) 5:00 Movie (Classic) (ALL)
11 Mother’s Day 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M) 11:00 Balloon Toss (A) 1:00 Sit & Be Fit (R) 2:00 Fly Ball (V) 3:00 Sit & Be Fit (ST) 5:00 Movie (Family) (ALL)	12 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 High Tea (A) 1:00 Crafts (V) 1:00 Communion (ALL) 2:00 Chapel (ALL) 2:00 Music & Moves (ST) 3:00 Strategy Games (R) 5:00 Movie (Musical) (ALL)	13 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Sit & Be Fit (A) 1:00 Fly Ball (V) 2:00 Strategy Games (R) 4:00 Music & Connection (ST) 5:00 Movie (Sci-Fi) (ALL)	14 8:30 Morning Chat (ALL) 9:00 Shopping (M/R) 10:30 Scenic Drive (A) 1:00 Scenic Drive (V) 2:00 Fly Ball (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (M) 5:00 Movie (Comedy) (All)	15 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M) 11:00 Sit & Be Fit (A) 1:00 Music & Moves (V) 2:00 Music & Moves (ST) 2:30 Resident Council at Mirabelle (AL) 3:00 Strategy Games (R) 4:00 Music & Connection (ALL) 5:00 Movie (Romance) (ALL)	16 8:30 Morning Chat (All) 10:00 Sit & Be Fit (M) 11:00 Sit & Be Fit (A) 1:00 Music & Moves (V) 2:30 Live Music at Mirabelle w/Landon (ALL) 3:00 Strategy Games (R) 4:00 Music /Connection (ALL) 5:00 Movie (Mystery) (ALL)	17 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Bingo (A) 1:30 Yard Games (ALL) 3:00 Bingo (R/M) 4:00 Fly Ball (ST) 5:00 Movie (Classic) (ALL)
18 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M) 11:00 Balloon Toss (A) 1:00 Sit & Be Fit (R) 2:00 Balloon Volley (V) 3:00 Sit & Be Fit (ST) 5:00 Movie (Family) (ALL)	19 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 High Tea (A) 1:00 Crafts (V) 1:00 Communion (ALL) 2:00 Chapel (ALL) 2:00 Music & Moves (ST) 3:00 Strategy Games (R) 5:00 Movie (Musical) (ALL)	20 8:30 Morning Chat (ALL) 10:00 Live Music at Mirabelle w/JJ Dion (ALL) 11:00 Sit & Be Fit (A) 1:00 Music & Moves (V) 2:00 Fly Ball (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (ALL) 5:00 Movie (Sci-Fi) (ALL)	21 8:30 Morning Chat (ALL) 9:00 Shopping (M/R) 10:30 Scenic Drive (A) 1:00 Scenic Drive (V) 2:00 Hungry Hippos (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (M) 5:00 Movie (Comedy) (All)	22 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M) 11:00 Sit & Be Fit (A) 1:00 Music & Moves (V) 2:00 Music & Moves (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (ALL) 5:00 Movie (Romance) (ALL)	23 8:30 Morning Chat (All) 10:00 Sit & Be Fit (M) 11:00 Sit & Be Fit (A) 1:00 Crafts (V) 2:00 Crafts (ST) 3:00 Strategy Games (M/R) 4:00 Music & Connection 5:00 Movie (Mystery) (ALL)	24 Scavenger Hunt Day 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Bingo (A) 1:00 Community Scavenger Hunt (ALL) 3:00 Bingo (R/M) 4:00 Balloon Toss (ST) 5:00 Movie (Classic) (ALL)
25 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M) 11:00 Balloon Toss (A) 1:00 Sit & Be Fit (M) 2:00 Fly Ball (V) 3:00 Sit & Be Fit (ST) 5:00 Movie (Family) (ALL)	26 Memorial Day 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 High Tea (A) 1:00 Crafts (V) 1:00 Communion (ALL) 2:00 Chapel (ALL) 2:00 Music & Moves (ST) 3:00 Memorial Day Gathering 5:00 Movie (Musical) (ALL)	27 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Sit & Be Fit (A) 1:00 Fly Ball (V) 2:00 Music & Moves (ST) 3:00 Decluttering Tips for Seniors at Mirabelle (ALL) 3:00 Strategy Games (R) 4:00 Music & Connection (M) 5:00 Movie (Sci-Fi) (All)	28 Senior Health & Fitness Day 8:30 Morning Chat (ALL) 9:00 Shopping (M/R) 10:30 Scenic Drive (A) 1:00 Scenic Drive (V) 2:00 Fly Ball (ST) 3:30 Healthy Brain & Body Seminar at Mirabelle (ALL) 5:00 Movie (Comedy) (All)	29 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M) 11:00 Sit & Be Fit (A) 1:00 Baking (R) 2:00 Fly Ball (ST) 3:00 Mind & Muscle Connection Seminar at Mirabelle (ALL) 3:00 Strategy Games (R) 4:00 Music & Connection (M) 5:00 Movie (Romance) (All)	30 8:30 Morning Chat (All) 10:00 Sit & Be Fit (M) 11:00 Sit & Be Fit (A) 1:00 Balloon Volley (V) 2:00 Balloon Volley (ST) 3:00 Strategy Games (R) 4:00 Music & Connection (ALL) 5:00 Movie (Mystery) (ALL)	31 8:30 Morning Chat (ALL) 10:00 Sit & Be Fit (M/R) 11:00 Bingo (A) 1:00 Balloon Volleyball (V) 2:00 Live Music: The School of Rock at Mirabelle (ALL) 3:00 Bingo (R/M) 4:00 Balloon Volley (ST) 5:00 Movie (Classic) (ALL)

Our mission is to create and maintain comfortable, caring environments for those who depend on us.



THE RENAISSANCE
AT COEUR D'ALENE

May 2025
upcoming events

Cinco de Mayo Dips & Salsa 5/5 at 3 PM

Live Music at Mirabelle with the Weddle Twins 5/6 at 3:30 PM

Mother’s Day Tea Party 5/10 at 2:30 PM

Resident Council at Mirabelle 5/15 at 2:30 PM

Live Music at Mirabelle with Landon 5/16 at 2:30 PM

Live Music at Mirabelle w/ JJ Dion 5/20 at 10 AM

Decluttering Tips for Seniors at Mirabelle 5/27 at 3 PM

Healthy Brain & Body Seminar at Mirabelle 5/28 at 3:30 PM

Mind & Muscle Connection Seminar at Mirabelle 5/29 at 3 PM

Live Music: The School of Rock at Mirabelle 5/31 at 2 PM

